



COVID-19 Policy and Updates

The purpose of the below listed policies is to prevent and reduce the spread of COVID-19 within our office and associated facilities using CDC guidance.

The health, safety, and welfare of each of our patients and team members is of the utmost importance at our facility. We are closely monitoring new developments and guidelines, and have responded with the following policies in accordance with CDC guidelines and recommendations. If you have any questions regarding our office policies, please give us a call at 703-743-5457.

If you have any of the following symptoms or have tested positive for COVID-19, please call our office prior to your appointment to reschedule. We will gladly accommodate your request.

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Muscle or body aches
- New loss of taste or smell
- Sore throat
- Nausea, vomiting, or diarrhea
- Exposure to someone with COVID-19

All patients will have a contactless temperature scan prior to their appointment. Hand sanitization is provided. To help promote social distancing, patients are limited to one companion per appointment.

Patient & Staff Masking, Social Distancing Policy

- Masking: The CDC recommends wearing a mask indoors in public in order to maximize protection and prevent possibly spreading COVID-19 to others.
 - o All staff are required to wear a face covering/mask that covers the nose and mouth at all times.
 - o It is highly recommended that all patients, regardless of vaccination status, wear a face covering/mask that covers both the nose and mouth at all times.
 - o We encourage you to bring your own reusable face covering. In the event you do not have a mask for your appointment, a disposable mask will be provided.
- Social distancing is still required when possible, despite mask use. For the purposes of examination and treatment when distancing is not possible, our physicians and staff will limit the amount of contact to medical necessity.



Alternate Check-in Protocol – optional

- To promote social distancing, an alternate check-in protocol has been established to avoid congregation within reception area.
- If you would like to participate in the alternate check in protocol, please call our office at 703-743-5457 upon arrival to speak with our staff. We will determine if social distancing is possible within the reception room depending on occupancy and provide you with further instructions. If social distancing is not possible, we will kindly ask you to wait in your car until it is possible to enter our office with distancing restrictions.
- If you prefer to bypass our waiting room, please let us know so we can accommodate this request. You will be asked to wait in your car until one of our staff members can escort you directly into an exam room.

Enhanced Cleaning Protocol

- Deep cleaning of exam rooms is performed between each encounter using medical grade anti-microbial wipes. This includes all seating, surfaces, and high contact areas.
- Surface cleaning of common areas, such as reception, is being performed hourly.
- To facilitate this process and comply with our masking policy, we ask that you do not eat or drink for the duration of your visit.